

Ski Brule 2020 OEC On-line/Virtual Refresher
Completion Due Date: October 10, 2020

The OEC Refresher has THREE parts to complete:

Part One: Register for the Ski Brule OEC Refresher

<https://www.nsp.org/>

Sign in with your user name and password

Register for the 2020 OEC Virtual Refresher for Ski Brule

Select **Course Schedule** from top tool bar

Search for course: **C018200006**

**Can also search by: Patrol Contains box = Ski Brule

Part Two: Complete your 2020 Workbook Cycle A (Mailed or Online Version)

NSP mailed the workbook to the address in your profile in late July

(If you did not receive, check/update your NSP profile)

**Complete entire workbook BEFORE the on-line refresher – Workbook questions are included/part of the on-line refresher quiz (Last 13 modules)

Online version is available at: <https://www.nsp.org/>

Sign in with your user name and password

Select **Programs** from top tool bar

Select **OEC**

Select **2020 Cycle A Refresher Workbook** (half way down the list on the left)

**Complete entire workbook (based on OEC 6 book) – prior to taking on-line refresher

Part Three: Complete the OEC Refresher Online Course

**Use Chrome or FireFox for optimal results

<https://www.nsp.org/>

Sign in with your user name and password

Select **Member Resources** from top tool bar

Select **Online Learning**

Click in the box: **Click Here To Enter The Online Learning Management System**

Click **COURSES** button or **Courses** from top navigation bar

Select **2020 OEC Refresher A – online module & Workbook Exercises**

Complete the all modules and quizzes (takes approximately 1.5 hours)

- Read the questions carefully prior to selecting an answer

Save/Print your completion certificate. Click Help  if certificate does not generate.

** Email your Completion Certificate to Mike Krein and Lee Ann Heim

mkrein1@gmail.com

duodiscovery@yahoo.com

All three of the steps need to be completed prior to October 10, 2020.

Book Review – 14 Modules & Quizzes

1. Rescue Basics & Scene Safety (Chapter 3 & 7)
2. Anatomy & Physiology (Chapter 6)
3. Patient Assessment (Chapter 7)
4. Oxygen Administration and Adjuncts (Chapter 9)
5. Shock (Chapter 10)
6. Medical Emergencies – (AMS) Altered Medical Status (Chapter 11)
7. Medical Emergencies – Respiratory (Chapter 13)
8. Medical Emergencies – Cardiovascular (Chapter 15)
9. Trauma to Eye, Face & Head (Chapter 22)
10. Head Trauma & (SMR) Spinal Motion Restriction (Chapter 21)
11. Musculoskeletal Injuries (Chapter 20)
12. Cold Injuries (Chapter 25)
13. Soft Tissue Injuries (Chapter 19)
14. Geriatric Emergencies (Chapter 31)

Workbook Review – 13 Modules & Quizzes

1. Patient Assessment (Chapter 7)
2. Five places to take a pulse (Chapter 7, Pages 165-167)
3. Pulse Oximeter (Chapter 9)
4. Shock (Chapter 10)
5. Stroke (Chapter 11)
6. Cardiovascular Emergencies (Chapter 15)
7. Soft Tissue Injuries (Chapter 18)
8. Stop The Bleed (Chapter 7)
9. Musculoskeletal Injuries (Chapter 20)
10. (CMS) Circulation Motion Sensation Deficit Management (Chapter 20, Pages 483 & 484)
11. Pelvic Fractures, & Spine, Brain and Nervous System Injuries (Chapter 21)
12. SMR (Spinal Motion Restriction) Algorithm (Chapter 21, Page 523)
13. Vacuum mattress (Chapter 21, Page 533)